

# KYALAMI RUNNING CLUB

**Kyalami**

## CLUB COLOURS



## RULES & EXPLANATIONS

	<b>Club colours will be awarded when the following criteria has been met.</b>
1	Must be a paid up member
2	Must be a member at the time of awarding the colours - Normally November
3	Colours will be valid for the ensuing year
4	Times in 3 different distances must be achieved. Eg 8, 15, 21 kms Except for juniors which is 2.
5	A member that achieves 1 gold (8km) and 2 silver (10km & 21km) will be awarded silver colours
6	A member that achieves 2 gold (8km & 10km) and 1 silver (21km) will be awarded silver colours
7	A member that achieves 3 gold (8km & 10km & 21km) will be awarded gold colours
8	A member that achieves 1 gold and 2 silver in a specific distance say 21 kms will not be awarded colours
9	Juniors will qualify for club colours based on 2 different distances .
10	Club colours can also be awarded for the following non runners when representing:
	South Africa (National status) - Gold
	Gauteng (Provincial) - Silver
11	If a time of 12:00 hours is indicated on the schedule, 12:00 hours or better must be achieved. Therefore 12:00:07 is out.
	If the cut off time in a race is 05:00 hours you qualify if you do better than 05:00:00 therefore 04:59:59 or less.
12	If you are still not sure ask any of the Committee Members to further clarify.